PROGRESS 363 UNDOCKING FROM DC1

| GMT | CREW | ACTIVITY |
|-------------|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 06:00-06:10 | | Morning Inspection |
| 06:10-06:40 | - | Post-sleep |
| 06:40-07:30 | | BREAKFAST |
| 07:30-08:00 | | Prep for Work |
| 08:00-08:15 | | Daily Planning Conference (S-band) |
| 08:15-08:35 | FE-1 | Transfer the second set of Translational (РУД) and Rotational Hand Controllers (РУО) from Soyuz 221 Orbital Module to FGB PILOT Experiment Container (ΦΓБ1ΠΓΟ_4_426_1 b/c 007811R). Tagup with specialists (S-band) |
| 08:15-08:20 | FE-2 | HAM Radio deactivation in SM |
| 08:20-08:30 | | Glove Box (MSG): activation |
| 08:30-10:00 | CDR,FE-2 | ATV prep for cargo transfer ops |
| 08:35-08:55 | FF 4 | Photography of Progress 363 Docking Mechanism after ISS Separation |
| 09:00-10:00 | FE-1 | Physical Exercise (TVIS), day 2 |
| 10:00-12:00 | CDR,FE-1 | Soyuz 221 Descent Procedure OBT Tagup (S-band) |
| 10:00-10:15 | | JLP HCTL Status and Temperature Check |
| 10:15-10:30 | FE-2 | Attaching CSLM-2 D/L Adaptor and Activating CSLM-2 |
| 10:30-12:00 | | Physical Exercise (RED) |
| 12:00-12:40 | FE-1 | Tagup w/specialists regarding Soyuz 221 loading (S-band) |
| 12:00-13:00 | CDR,FE-2 | ATV prep for cargo transfer ops |
| 12:40-12:45 | FF 4 | ON MCC GO Switch DC-Soyuz PEV [КВД CO-ТК] to CLOSED position |
| 12:45-13:00 | FE-1 | Remove good Soyuz Orbital Module light fixtures for SM spares |
| 13:00-14:00 | | LUNCH |
| 14:00-14:10 | FE-2 | CSLM-2. Coarsening in Solid-Liquid Mixtures-2 ECU Programming Stop |
| 14:00-14:30 | CDR,FE-1 | KENTAVR fit check and tagup with specialists (S-band) |
| 14:10-14:45 | FE-2 | СОЖ Maintenance |
| 14:30-14:45 | CDR,FE-1 | Private medical conference with landing specialists (S-band) |
| 14:45-14:50 | FE-2 | HAM radio setup |
| 14:45-15:45 | CDR,FE-1 | Crew departure prep |
| 14:50-15:00 | FE-2 | HAM radio session |
| 15:00-15:05 | | MSG - power down |
| 15:05-15:15 | | Access to OGS rack for activation |
| 15:15-15:35 | | Remove old H2 sensor. Install new H2 sensor and mate electrical connectors. |
| 15:35-15:40 | | Connect O2 hose QDs to ORU for N2 purge |
| 15:40-16:40 | | Physical Exercise (CEVIS) |
| 15:45-16:05 | CDR | GSC ops |
| 15:45-16:10 | FE-1 | SM and FGB air sampling using AK-1M sampler |
| 16:05-17:35 | CDR | Physical Exercise (RED) |
| 16:10-16:25 | FE-1 | Pre-pack ИПД kits for return to the ground |
| 16:25-16:35 | | Maintenance Closures of Vozdukh [ABK] valves |
| 16:35-18:05 | | Physical Exercise (TVIS), day 2 |

| 16:40-17:00 | FE-2 | Reconnect H2 Sensor QD's after OGS has been powered up |
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| 17:00-17:20 | | Water Delivery System Activation |
| 17:20-17:30 | | IWIS data transfer |
| 17:30-18:30 | | Crew time for ISS adaptation and orientation |
| 17:35-18:35 | CDR | Physical Exercise (CEVIS) |
| 18:05-18:45 | FE-1 | SAMPLE. Sample collection from FE-1 (Session 3) (COSMONAUT SESSION 3 Kit, b/c SAMC03E, ТПК221БО_рамаПГ_конт5, in the sample kit, b/c 00047265R) |
| 18:30-18:55 | FE-2 | Evening work prep |
| 18:35-18:40 | CDR | Transferring TVIS, RED, and HRM data to MEC |
| 18:40-18:55 | CDIC | Evening work prep |
| 18:45-18:55 | FE-1 | Evening work prep |
| 18:55-19:10 | | Daily Planning Conference (S-band) |
| 19:10-19:30 | | Evening work prep |
| 19:30-20:00 | | DINNER |
| 20:00-20:30 | • | Daily Food Prep |
| 20:30-21:30 | | Pre-sleep |
| 21:30-06:00 | | SLEEP |
| Task List | FE-1 | ТБУ (Universal Bioengineering Thermostat). Temperature check |
| | | IMS Update |
| | | PLANTS-2. Payload Status Check and Photography |
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Notes:

- See OSTP for references to US activities.
 SM Window #9 shutter opening is at crew discretion w/ Report to MCC End of Radiogram